



## Six To Put On Your Not-To-Miss List

(NAPS)—Every now and again, when surfing the Web, a real gem of a book site lands in your lap. [www.trafford.com](http://www.trafford.com) is one such diamond in the rough. Here are six you will find on that Web site. The books, which range from profound to humorous, all promise to be page turners.



Daring to venture behind the present philosophical curtain is *Etchings In the Ether* (\$12.95) by Christopher John Mumford. Beyond lies a stage set for a paradigm shift regarding human politics and long-cherished religious concepts. Mumford's novel is both an intellectual roller coaster and a very deep work.

Today in the U.S., more than 130 million Americans are overweight or obese. The time to change is now, says Cliff Azok, author of *Living Lean Today: How I Lost Over 100 Lbs.* (\$24.95), answers the question of why 70



percent of people beginning diets fail, then details his stunning loss of 130 pounds of hurtful, hindering weight. Author and Rhodes Scholar Kenneth Conibear takes the reader on his notoriously inept freight scow, the Lady Green-

belly, on a dangerous and humorous adventure down the Mackenzie River to the Arctic Ocean and back in *Arctic Adventures with the Lady Greenbelly* (\$12.65).

*Cupid's Secret* (\$9.95) by Buck Kalinowski is the magical tale of a brave horse blessed with a heart-shaped mark on its forehead. The story will touch and delight children of all ages.



In the book *Healing and Spirit* (\$29) by Gershon Lesser, MD, and Mitchell Harding, readers will experience the bared soul of an extraordinary MD. The doctor is warm and humorous and his book is one of courage, depth, love, and awareness.

Ron McGowan's new book, *How to Find Work in the 21st Century*, (\$20) educates people about the changes that have occurred in the workplace and equips them with the strategies and tools for finding contract work.



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